



## **LOWER SCHOOL INFORMATION SHEET**

Here is information you will need to help us get the 2018-2019 school year off to a great start:

### **FIRST DAYS**

- Tuesday, September 4: Family Registration and Orientation Day
- Wednesday, September 5: First day of school for Grades 2, 3, and 4; Lower School will have a noon dismissal. No lunch is necessary unless your child is staying for Extended Day. Students should wear their uniform beginning with the first day of school.
- Sunday, Sept. 9 Heart of Oak Run, Mass on the Grass, and All-School Picnic  
Tuesday, Sept. 11 All-School Mass of the Holy Spirit (formal uniform required)  
Wednesday, Sept. 19 Curriculum Night (7:00 p.m.) for all Lower School parents

### **ARRIVAL AND DISMISSAL**

September 6 and 7 will begin our normal school day schedule. Students should arrive between 8:00 – 8:10 a.m. to allow time to prepare for the day. Classroom activities begin at 8:10 a.m.; Morning Prayer begins promptly at 8:25 a.m. After the first day of school, in order to encourage independence and responsibility, students are expected to enter school independently. Use the Field House entrance if arriving before 8:00 a.m. and proceed directly to Early Risers with all belongings. Students arriving prior to 8:00 a.m. or remaining after 3:30 p.m. must be supervised in the Extended Day Program. Lower School's official dismissal time is 3:15.

### **FORMS**

All required and optional forms to begin the new school year can be found on the school website at [www.ashmi.org/forms](http://www.ashmi.org/forms). Please keep in mind that a health appraisal signed by a doctor is required for students who are *new* to Lower School.

### **BIRTHDAY TREATS**

One day each month will be set aside to celebrate the birthdays for that month. Each month the date for the celebration will be posted on the web calendar and in the eNews. We will also email those involved with how many cupcakes and napkins will be needed.

### **GOÛTER (daily snack)**

The students are able to bring a healthy snack from home. If a student does not bring a snack, saltines will be provided. The snacks need to be easily eaten in a short time period. Please refer to the list below for approved snacks:

- Banana
- Cheese stick
- Clementine
- Crackers
- Cut fruit or vegetables
- Dried fruit
- Dry cereal
- Fruit squeezes or single-serve soft fruit
- Go-gurt, drinkable or single-serve yogurt
- Grapes
- Nut-free snack bars or trail mix
- Popcorn
- Pretzels

### **LABELING**

It is imperative that all school clothing, including P.E. clothing, be clearly and permanently labeled. Students should also label all personal possessions, including book bags and lunch containers.

### **LOCKER and LOCKER ACCESSORIES**

Every child should have a book bag or backpack **that fits in the locker (14.5" w x 14" d)**. Backpacks with wheels are not necessary. Book bags and backpacks that do not fit in the locker are not allowed.

Students are permitted to tastefully decorate their lockers. No stickers are allowed, only magnets. The decorations cannot become a distraction during the school day, and if they do, the student will be asked to take the object(s) home.

### **LUNCH**

Each child in the Lower School should bring a lunch every full day of school or subscribe to the optional hot lunch program available through the school for an additional fee. In keeping with the health instruction your children receive in school, we insist that candy and pop not be included in their lunch. Bags or lunch boxes must be clearly labeled with your child's name.

### **SUPPLIES**

Each child will need to bring a plastic or metal pencil box, approximately 8" x 5" x 2.5, which should be large enough to include crayons, glue stick, eraser, and pencils that will be supplied by the school. We ask that students leave mechanical pencils at home for use on homework.