



Symptomatic Primary-US Student or Staff Member Information Sheet

Name:

Date:

This person is excluded from school because he/she presented with symptoms that may be suggestive of COVID-19. This person was noted to have the following new onset or worsening of symptom(s):

- New cough
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

And/or, this person is experiencing two or more of the following symptoms unrelated to a known pre-existing condition (e.g., asthma, allergies):

- | | |
|----------------|-----------------------------|
| • Fever | • Fatigue |
| • Chills | • Diarrhea (2x in 24 hours) |
| • Muscle aches | • Nausea |
| • Headache | • Vomiting |
| • Sore throat | • Congestion or runny nose |

COVID-19 testing is strongly recommended. The school accepts PCR, antigen and home tests.

This individual may return to school:

After being fever free for 24 hours without the use of fever reducing medications, vomit and diarrhea free for 24 hours, and symptoms have improved. Proof of a negative COVID-19 test is appreciated and can be emailed to the school nurse at rclements@ashmi.org

If this person tests positive for COVID-19, they should be kept in home isolation for 5 days and until fever free for 24 hours without the use of fever-reducing medication and symptoms have improved. This person may return to school on day 6 with a well-fitting mask worn through day 10. If unable or unwilling to wear a mask, the student will need to remain out 10 full days. A negative test result is not required to return to school once all criteria are met. Family members, regardless of vaccination status, should monitor for symptoms for 10 days, wear a mask around others for 10 days, test 3-7 days after exposure or if symptoms develop.