



MIDDLE SCHOOL UNIFORM GUIDELINES

The wearing of the school uniform reflects a sense of pride and identification with the Academy, and must display a standard of appropriateness and neatness. All students are expected to follow this uniform policy each school day except for non-uniform days. The Learning Community Leader will make final decisions on any questions which may arise.

Uniform items may be purchased at any time directly from Dennis Uniform Manufacturing Company located at 1532 North Opdyke Rd., Suite #450, Auburn Hills, MI 48326, (248-340-8890) or toll free (1-800-854-6951). Their website to order is www.dennisuniform.com, enter our school code which is (HAS) to make your selections and process your order.

The Spirit Store is located in the Lower School hall near the Dritsas gymnasium and is open from 7:30-9:30 a.m. Monday, Tuesday, Thursday and Friday.

Formal Uniform: Worn every Friday, Feast Days, Liturgies or other special occasions

- official plaid skirt with knife-pleats
- white **oxford cloth button-down** uniform blouse with button-down collar: short sleeves or long sleeves
- navy blue crew-neck sweater or v-neck sweater vest with logo
- navy blue knee-length socks or navy-blue tights

Daily Uniform:

- official plaid skirt
- shirt options (please **wear plain white undergarments**):
 1. white oxford cloth, button-down uniform blouse with button-down collar, short or long sleeves (banded bottom optional)
 2. white or navy-blue cotton knit polo shirt, short or long sleeves, with or without Sacred Heart logo and with or without a banded bottom (white shirts with logo available at the Spirit Store)
- knee socks in solid colors of navy or white
- opaque tights with feet in navy, black or white
- above the ankle crew socks in navy blue, black or white; no logos
- sweaters/sweatshirts
 1. navy uniform sweater or sweater vest with logo
 2. Sacred Heart or MSG sports uniform sweatshirts over a uniform collared shirt

Footwear:

- sturdy, sensible shoes with a low, flat heel, full toe and back; predominately solid color black, dark blue, brown or tan, no boot-like footwear as well as no Vans or Toms (canvas type shoes)

Wearing of the Uniform:

- skirts must have a sewn hem and be no shorter than a maximum of 4" from the ground when kneeling
- shirts/blouses – must be worn tucked into the skirt (unless banded at the waist)
- sweaters/sweatshirts – left cuff may be monogrammed with ¼" to ½" initials or last name, in gold or blue thread

- no logo, emblem or symbol of a brand on any part of the uniform (including socks, blouses, sweaters, turtlenecks)

Accessorizing:

- anything which could be a distraction to others is not permitted (e.g. large or dangling earrings, large or multiple necklaces and/or bracelets, drastic changes to natural hair color)

P.E. Uniform:

- navy blue P.E. shorts and gray t-shirt (both must be purchased from the Spirit Store)
- winter option: navy blue sweatpants in place of the navy-blue P.E. shorts

Non-uniform “Casual Dress” Days:

- Students are expected to look neat, modest, and dress safely (e.g. *no* mini-skirts, yoga pants, bare midriffs, tank tops, torn or frayed jeans, pajama bottoms, sweatpants, flip-flops or high heels). Leggings may be worn if the top meets the fingertip test (all the way around the garment). Shorts may not be tight fitting and no shorter than a maximum of 5” from the ground when kneeling. In addition, students may not wear eye shadow, eyeliner or lipstick. Students risk losing this privilege if they are dressed inappropriately in any way

Labeling:

- It is imperative that all school clothing, shoes, P.E. clothing and gym shoes be clearly and permanently labeled. Students should also label all personal possessions including book bags, calculators, lunch containers and water bottles.

Summer Uniform:

- may be worn in September, May and June
- students may choose to wear the navy-blue walking shorts, no shorter than a maximum of 4” from the ground when kneeling (may be ordered through Dennis Uniform Manufacturing Co.) in place of uniform skirt

Winter Uniform:

- may be worn from October through April
- navy blue, classic fit Chino-style pants pleated or plain front (may be ordered through Dennis Uniform Manufacturing Company) in place of uniform skirt
- students may wear black or navy-blue leggings with the same color socks (no skin showing) under the uniform skirt

Prize Day Attire:

- Styles and fabrics are to reflect simple, modest, daytime dresses, not evening or bridal wear
- Outfits may not be all white or all black
- Longer dress length to the top of the anklebone or tea length; shorter length dresses to have a fuller skirt or A-line design
- No tight-fitting dresses (avoid the Lycra-look); girls grow quickly, so buying dresses which have a little extra space for growing may be wise
- No low-back or low-neck dresses; no spaghetti straps without an accompanying jacket
- Appropriate undergarments should be worn under dresses
- Students may not wear: hats, denim, shorts, skorts or pants
- Shoes should be comfortable and must have a back
 - Students in Grades 5, 6 and 7 may wear low-heels, no more than 2” from floor to foot
 - Students in Grade 8 may wear a higher heeled shoes, no more than 3” high from floor to foot
 - Prize Day shoes must be worn at all practices