



Heart
⊕ Enrichment



Winter 2015 Enrichment Classes



EARLY & ONLINE REGISTRATION!

Visit HEARTEnrichment.tumblr.com to register for the many exciting offerings available after school at ASH beginning Tuesday, January 20!

**PAA Dance Recital is May 13*

Karate! Gymnastics! Ballet & Tap! Chess! American Girl Dolls! Hands on Math! Lego Maker Faire! Hip Hop Dance! MORE!

Early registration deadline is Wednesday, January 14!

Simply fill out the online registration form at HEARTEnrichment.tumblr.com or ashmi.org/Enrichment!

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HEARTEnrichment.tumblr.com



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Monday Classes

Card Sharks! Hands on Math w/ Mr. Bob

Instructor: **B. Voakes** Ages: **Lower School** Time: **3:30 - 4:30** Fee: **\$120**

Dates: **1/26; 2/2, 9, 23; 3/2, 9, 16, 23**

Let the games begin! Each week students will learn a new card game, trick, or skill while enjoying friendly competition and companionship in a relaxed environment. This class will offer participants the opportunity to build agility and eye-hand coordination while promoting memorization, math concepts, and pattern recognition.

American Girl Dolls Crafting & Social Club *Does not conflict with Monday Extravaganzas

Instructor: **M. Hamilton** Ages: **All Ages** Time: **3:30 - 4:30** Fee: **\$120**

Dates: **1/26; 2/23; 3/2, 16, 23; 4/27, 5/11, 18**

Finally, a doll-themed after-school club has come to Academy of the Sacred Heart! Our resident expert Mrs. Hamilton will be leading participants through a host of activities, crafts, and events that prove this club is about so much more than just playing with dolls! Sure there'll be tea parties and story time, but participants will also sew accessories, create jewelry, design toys for their dolls, have photo shoots, and MORE! Students *DO NOT* need an American Girl Doll to participate, but must bring their own comparable doll.

Tuesday Classes

Introduction to Karate

Instructor: **TB Coaches** Ages: **Primary** Time: **3:15 - 4:00** Fee: **\$150**
Lower School **4:00 - 4:45**

Dates: **1/20, 27; 2/3, 10, 17, 24; 3/3, 10, 17, 24**

This is a brand new class for the HEART Enrichment program! Focusing on Kata and Kihon, or exercises of technique and skill done in groups, students will develop an introductory understanding of Karate while still getting much-needed exercise during the cold winter months!

Preschool Pre-Dance Performing Arts Academy Dance Recital Class

Instructor: **E. Buck** Ages: **Preschool** Time: **3:15 - 3:45** Fee: **\$128**

Dates: **1/20, 27; 2/3, 10, 17, 24; 3/3, 10, 17, 24, 31; 4/14, 21, 28; 5/5, 12 (dress rehearsal)**

Calling our youngest boys & girls! This class is designed for the 3 to 4-year-old to enhance the joy of music and movement. Pre-Dance curriculum encourages coordination through music and rhythm and includes warm-up, stretch and flexibility exercises, and introduction to basic dance steps. **No shoes needed.**

HEART Yoga!

Instructor: **C. Passejna** Ages: **LS, MSG, KH** Time: **3:30 - 4:30** Fee: **\$150**

Dates: **1/20, 27; 2/3, 10, 17, 24; 3/3, 10, 17, 24**

Our Yoga expert will lead a group of students through classic yoga tailored to their ages. Participants will learn breathing, stretching and meditation techniques that are both fun and beneficial to health! Yoga mats will be available for use during the class!

Tuesday Classes (Cont.)

Ballet & Tap (Grades 1 & 2) Performing Arts Academy Dance Recital Class

Instructor: **E. Buck** Ages: **Grades 1 & 2** Time: **3:45 - 4:45** Fee: **\$256**

Dates: 1/20, 27; 2/3, 10, 17, 24; 3/3, 10, 17, 24, 31; 4/14, 21, 28; 5/5, 12 (dress rehearsal)

This class is an exploration of the skills and beauty of two popular forms of dance: ballet and tap. Classes are designed to enhance musicality with a curriculum that develops memorization skills. Students also learn teamwork as well as coordination. Discover the joy of dance through coordinated steps, music and rhythm!

Black Mary Jane Tap shoes and Bloch Pink Ballet Slippers needed.

Wednesday Classes

Ballet & Tap (Pre K & K) Performing Arts Academy Dance Recital Class

Instructor: **E. Buck** Ages: **Pre K & K** Time: **1:45 - 2:45** Fee: **\$256**

Dates: 1/21, 28; 2/4, 11, 18, 25; 3/4, 11, 18, 25; 4/1, 15, 22, 29; 5/6, 12 (dress rehearsal)

This class is an exploration of the skills and beauty of two popular forms of dance: ballet and tap. Classes are designed to enhance musicality with a curriculum that develops memorization skills. Students also learn teamwork as well as coordination. Discover the joy of dance through coordinated steps, music and rhythm!

Black Mary Jane Tap shoes and Bloch Pink Ballet Slippers needed.

Primary Card Sharks! Hands on Math w/ Mr. Bob

Instructor: **B. Voakes** Ages: **Primary** Time: **1:45 - 2:45** Fee: **\$120**

Dates: 1/21, 28; 2/4, 11, 18, 25; 3/4, 11

See Monday description!

Preschool & Primary Tumble Bugs (Separate classes for each age group)

Instructor: **E. Buck** Ages: **Preschool** Time: **3:00 - 3:30** Fee: **\$120**

Primary **3:30 - 4:15** **\$180**

Dates: 1/21, 28; 2/4, 11, 18, 25; 3/4, 11, 18, 25; 4/1, 15, 22, 29; 5/6

Developing healthy physical fitness habits is essential to long-term health and happiness! This class will build confidence, motor skills and core strength through basic tumbling skills and balance beam. Students will develop a comfort and understanding of their bodies' ability to take on new challenges.

Hip Hop Dance (Lower School) Performing Arts Academy Dance Recital Class

Instructor: **E. Buck** Ages: **Lower School** Time: **4:15 - 5:00** Fee: **\$180**

Dates: 1/21, 28; 2/4, 11, 18, 25; 3/4, **NO 11**, 18, 25; 4/1, 15, 22, 29; 5/6, 12 (dress rehearsal)

This ever-popular growing form of dance is an excellent aerobic workout incorporating upbeat music and fun. Students learn rhythm, coordination, isolation and basic dance steps. The music for each class is carefully chosen to be appropriate in content for the age of the dancer. **Tennis shoes needed.**

Hip Hop Dance for Girls Performing Arts Academy Dance Recital Class

Instructor: **K. Kushiner** Ages: **MSG** Time: **5:00 - 5:45** Fee: **\$168**

Dates: 1/21, 28; 2/4, 11, 18, 25; 3/4, 11, 18, **NO 25**; 4/1, 15, 22, **NO 29**; 5/6, 12 (dress rehearsal)

This ever-popular growing form of dance is an excellent aerobic workout incorporating upbeat music and fun. Students learn rhythm, coordination, isolation and basic dance steps. The music for each class is carefully chosen to be appropriate in content for the age of the dancer. **Tennis shoes needed.**

Thursday Classes

Gymnastics

Instructor: **TB Coaches** Ages: **Primary & LS** Time: **3:15 - 4:00** Fee: **\$120**

Dates: 1/22, 29; NO 2/5, 12, 19, 26; NO 3/5, 12, 19, 26

Coaches from Tumble Bunnies International bring a variety of equipment such as balance beams, bars, trampolines, wedge mats, octagons, vault, ladders and so much more for this exploration of gymnastics! Classes are jam-packed with activities that include a new warm-up, across the floor activities, movement to music, and an outrageously fun obstacle course!

Ballet & Tap (Grades 3 & 4) Performing Arts Academy Dance Recital Class

Instructor: **E. Buck** Ages: **Grades 3 & 4** Time: **3:30 - 4:30** Fee: **\$208**

Dates: 1/22, 29; NO 2/5, 12, 19, 26; 3/5, 12, 19, 26; 4/16, 23, NO 30; 5/7, 12 (dress rehearsal)

This class is an exploration of the skills and beauty of two popular forms of dance: ballet and tap. Classes are designed to enhance musicality with a curriculum that develops memorization skills. Students also learn teamwork as well as coordination. Discover the joy of dance through coordinated steps, music and rhythm!

Black Mary Jane Tap shoes and Bloch Pink Ballet Slippers needed.

Intermediate Instructor Tap Class Performing Arts Academy Dance Recital Class

Instructor: **K. Kushiner** Ages: **MSG** Time: **3:30 - 4:00** Fee: **\$112**

Dates: 1/22, 29; 2/5, 12, 19, 26; NO 3/5, 12, 19, 26; 4/16, 23, 30; 5/7, 12 (dress rehearsal)

Intermediate tap class for students in Grades 5-7 who have tap experience.

Lego Mania Maker Faire

Instructor: **A. Visocchi** Ages: **Primary & LS** Time: **3:45 - 4:45** Fee: **\$75**

Dates: Session I: 1/22, 29; NO 2/5, 12, 19, 26 Session II: 3/12, 19, 26; 4/16, 23 + \$15 Materials Fee

A favorite class of ASH returns with a NEW spin! As always, both novice and experienced builders will be guided as they explore their imaginations while honing their fine motor skills. Experienced builders will be given challenges to expand their creativity and problem-solving skills, and this time we'll be peppering in some arts, crafts, and engineering to sweeten the deal!

Ballet for Middle School Girls

Instructor: **E. Buck** Ages: **MSG** Time: **4:30 - 5:30** Fee: **\$128**

Dates: 1/22, 29; 2/5, 12, 19, 26; NO 3/5, 12, 19

By popular demand, we are offering a class to experienced ballet students interested in going further.

Friday Classes

Zumba

Instructor: **TB Coaches** Ages: **All Ages** Time: **3:30 - 4:00** Fee: **\$80**

Dates: 1/23, 30; 2/20, 27; 3/20, 27

Combining dance and aerobic elements, this non-stop party will keep students moving and dancing to the beat. It is important to develop physical fitness routines from an early age, and when they're this fun, they can be a part of a healthy lifetime!

Friday Classes (Cont.)**Chess Wizards: Strategies for Life**Instructor: **Wizard D** Ages: **Primary & LS** Time: **3:30 - 4:30** Fee: **\$185**Dates: **1/23, 30; 2/20, 27; 3/13, 20, 27; 4/17, 24; 5/1**

Chess Wizards offers specially designed classes that cater to all levels of chess ability. Each child is challenged by fun games and lessons from real Wizard Teachers. It is proven that chess enhances cognitive development in children, improves both verbal and mathematical skills, and increases all levels of academic performance! Playing chess stimulates the mind and helps children strengthen skills such as focusing, visualizing goals, abstract thinking, and forming concrete opinions.

Fun Fridays at the DIAInstructor: **S. Volk** Ages: **Lower School** Time: **5:00 - 10:00** Fee: **\$75 per date**Dates: **1/23; 3/20; 5/8**

The Detroit Institute of Arts offers a variety of activities to make any visit enjoyable! You can create your own craft in a drop-in art workshop, draw in the galleries with your sketchbook (provided by Mrs. Volk), enjoy artist demonstrations, and enjoy live music. Students will meet at ASH at 5:00 p.m., drive to the DIA (valet park), start with dinner at the Café, and then explore the museum. The interest level of each group will determine the time we depart. Most students enjoy themselves and often stay until the 10:00 p.m. closing time. The cost is \$75.00 per date for each student plus money for their dinner at the Café (\$10.00 will be plenty). Pick-up will be from the Lower School circle drive at ASH.

REGISTER ONLINE:**Ashmi.org/Enrichment****HEARTEnrichment.tumblr.com**

HEART Enrichment Policies

Registration/Refunds/Absence Policy:

**CLASS REGISTRATIONS RECEIVED AFTER WEDNESDAY,
JANUARY 14 MUST ADD \$25 PER CLASS!**

Courses

- A full refund will be given on cancellations received five days prior to the first day of the course selected.
- Cancellations made fewer than five days prior to the first day of class will receive a 50% refund of total course fees.
- No refund can be given after the program begins.
- There will be no refunds or make-up days for absences or closings due to weather or power emergencies.

Tutoring/Music Instruction (See the list at ashmi.org/enrichment)

Session charges *will not be incurred* when cancelled 24 hours prior to the scheduled tutoring/music instruction session.

Session charges *will be incurred* for scheduled tutoring/music instruction sessions missed without notification.

Make-up sessions are not always possible. When possible, make-up sessions will be scheduled at the discretion of the tutor/music instructor.

Please be aware that daily school absences reported to school secretaries will not be reported to tutors/music instructors unless specified by the person reporting the absence.

Cancellations:

We reserve the right to cancel classes due to insufficient enrollment.

The director reserves the right to require the withdrawal of any student whose conduct is unsatisfactory or who appears unlikely to benefit from the program. If the director has made this decision, a refund will be given to reflect the date of withdrawal.

Dismissal Policy:

Students will be released only to persons authorized by the parents. If there are any changes, we require a written note* specifying the person having permission to pick up your son or daughter. Classes are dismissed promptly at times listed. Children remaining after the dismissal time will be sent to the Late Shiner program and appropriate fees will be charged.

*Persons identified in the note will be required to provide photo identification.